

Notes prior to the operation in the Clinic for MIC

Preoperative fasting:

Last meal 6 hours prior to the operation

Last drink 2 hours prior to the operation;

please do not smoke or have sweets or chewing gum after this point of time.

Medicine:

Please take your medicine in the morning of the operation day as usual with a bit of water.

ASS/Aspirin has to be discontinued at least 10 days prior to the operation, except for therapy after vascular surgery (e.g. coronary bypass; stenting etc). In this case ASS should be continued.

Please note: ASS may be contained in other analgetic drugs as well.

If pain medication is necessary, you can take Paracetamol (acetaminophen), Ibuprofen or Metamizol. Please mind this when you are on the waiting list.

On the ward:

Jewellery, watches and piercings have to be removed to avoid injuries.

Please remove dental plates.

Please remove nail polish.

Please tie your hair.

Hearing aids can be left in place.

Also :

Please bring a list of your medication (name of drugs, dosage, schedule of intake)

If available, information about:

Anaesthesiological complications

Blood group

Allergies

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Informations concerning pain therapy

Dear patient,

Pain is a frequent concern in the context of an operation.

Modern concepts can reduce postoperative pain to a tolerable degree.

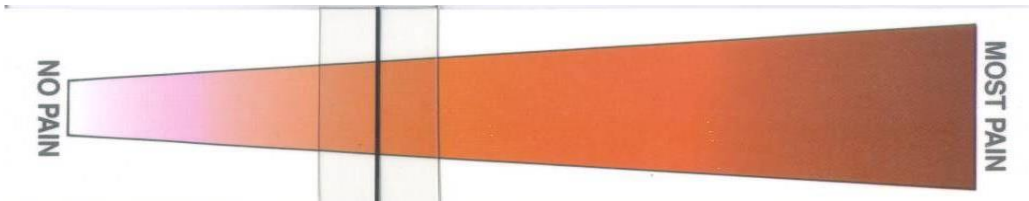
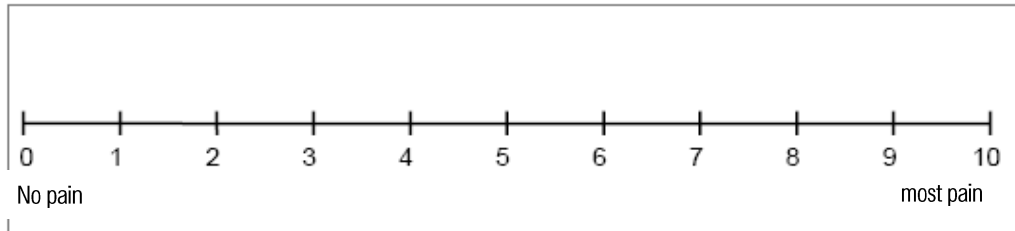
Pain may impede your movements, breathing, concentration and sleep.

Therefore an effective pain therapy is an important contribution to your rapid reconvalescence.

To individually optimize the pain therapy, we rely on your assistance.

As we cannot detect your pain, we use a self-rating scale (0 = no pain; 10 = strongest pain imaginable).

Thus, we can apply an individually adapted treatment according to your personal pain intensity



In case of major surgery, you may still need analgesics after your discharge home.

Please prepare by getting a prescription of an appropriate analgesic from your doctor prior to the operation.

(e.g. Metamizol = Novalgin or Paracetamol, alternatively Ibuprofen)

If you have any questions or if you do not feel informed sufficiently, please do not hesitate to contact us.

Your Department of Anaesthesiology of the Clinic for MIC

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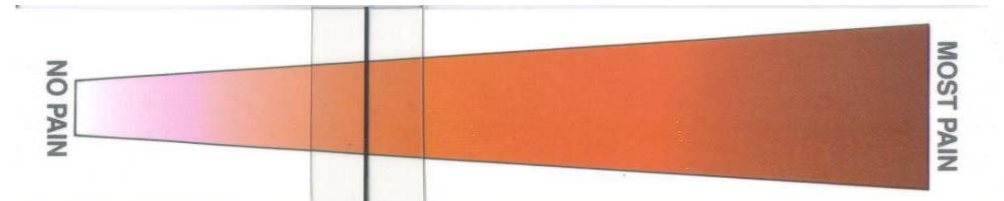
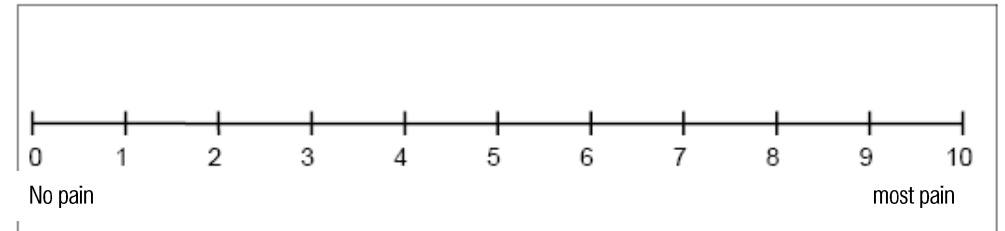
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